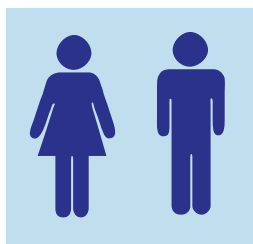


**Do you ever
have to hurry?
Are you ever
too late?**



**When you sneeze,
does more than
your nose run?**

Incontinence

Community Awareness, Resources & Education about Urinary and Bowel Leaking

Session 1 Introduction, What is the Problem

Thursday October 18th 6:30 - 9:00 p.m. OR Friday October 19th 1:00 - 3:30 p.m.

Session 2 Non-Invasive Treatments

October 25th 6:30 - 9:00 p.m. OR October 26th 1:00 - 3:30 p.m.

Session 3 Medications, Internal Devices and Surgical Options

November 1st 6:30 - 9:00 p.m. OR November 2nd 1:00 - 3:30 p.m.

Session 4 Dealing with Emotions – Practical Help

November 8th 6:30 - 9:00 p.m. OR November 9th 1:00 - 3:30 p.m.

Thursday evenings

**Room 144 Farber Hall
UB Medical School
near Bailey & Main**

OR

Friday afternoons

**Room 100, Kittinger Hall
Erie Community College
near Youngs & Wehrle**

To Register on-line: www.graceanatomy.org or
Register by calling 716 683-0731 or 716-316-1399
Fee: \$100.00 Many insurance plans will cover the costs,
assistance available so don't let money be what keeps you from coming!!!

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